

HG High School Breakfast

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day	2 Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	3 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	4 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG, WHL, CKD, HARD-BOILED String Cheese	5 Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese
8 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	9 Apple Frudel Cereal Variety Orange Blenderless Smoothie Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG, WHL, CKD, HARD-BOILED String Cheese	10 Banana Split Parfait Cereal Variety PB&J Overnight Oats Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk	11 Cheddar Cheese Omelet Cereal Variety Wheat Bagel with Cream Cheese Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	12 French Toast Sticks Cereal Variety Scrambled Eggs Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
15 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	16 Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	17 Bacon & Queso Breakfast Taco Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	18 Caramel Mini Cinnis Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese EGG, WHL, CKD, HARD-BOILED Raspberry Rainbow Yogurt	19 Cheese & Bacon Egg Bite Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
22 Colby Cheese Omelet Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	23 Cranberry Orange Yogurt Muffin Bars Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG, WHL, CKD, HARD-BOILED Raspberry Rainbow Yogurt String Cheese	24 Dirt Pudding Parfait with Blueberry Boulders Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG, WHL, CKD, HARD-BOILED String Cheese	25 Egg and Cheese Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	26 Egg & Cheese Croissant Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt
29 Egg & Potato Breakfast Boat Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	30 Ham, Egg and Cheese Breakfast Sliders Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese			

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		1 High Fiber Oat Snack Cookies Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	2 Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	3 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt

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