


HG High School Breakfast

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheddar Cheese Omelet Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	2 Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	3 Mini Maple Pancake Wraps Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
		6 Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	7 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	8 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese

USDA is an equal opportunity provider, employer, and lender.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>13</p> <p>In Service</p>	<p>14</p> <p>French Toast Sticks Banana Split Parfait Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk</p>	<p>15</p> <p>Cheddar Cheese Omelet Cereal Variety Wheat Bagel with Cream Cheese Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt</p>	<p>16</p> <p>Cereal Variety Chicken and Waffles with Syrup Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt</p>	<p>17</p> <p>Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese</p>
<p>20</p> <p>Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt</p>	<p>21</p> <p>Bacon & Queso Breakfast Taco Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese</p>	<p>22</p> <p>Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese EGG,WHL,CKD,HARD-BOILED Raspberry Rainbow Yogurt</p>	<p>23</p> <p>Cheese & Bacon Egg Bite Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt</p>	<p>24</p> <p>Colby Cheese Omelet Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese</p>

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27 Breakfast Totchos Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED Raspberry Rainbow Yogurt String Cheese	28 Cheese & Bacon Egg Bite Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	29 Egg and Cheese Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	30 Egg & Cheese Croissant Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	31 Egg & Potato Breakfast Boat Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese

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HG High School Breakfast

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ham, Egg and Cheese Breakfast Sliders Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	4 Bacon, Egg & Cheese Pizza Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	5 Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	6 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	7 Cereal Variety Egg Sausage & Cheese Pancake Sandwich Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
10 Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	11 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	12 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	13 Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	14 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt

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Monday	Tuesday	Wednesday	Thursday	Friday
17 Pancakes Cereal Variety Orange Blenderless Smoothie Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	18 Banana Split Parfait Cereal Variety PB&J Overnight Oats Juice Variety Fresh Fruit Dried Fruit blend 1% Milk Fat Free Chocolate Milk	19 Cheddar Cheese Omelet Cereal Variety Wheat Bagel with Cream Cheese Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	20 Scrambled Eggs Cereal Variety French Toast Sticks Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	21 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese
24 Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	25 Bacon & Queso Breakfast Taco Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break

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HG High School Breakfast

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Cheddar Cheese Omelet Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD-BOILED Raspberry Rainbow Yogurt String Cheese</p>	<p>2</p> <p>Dirt Pudding Parfait with Blueberry Boulders Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD-BOILED String Cheese</p>	<p>3</p> <p>Egg and Cheese Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese</p>	<p>4</p> <p>Egg & Cheese Croissant Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt</p>	<p>5</p> <p>Egg & Potato Breakfast Boat Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese</p>
<p>8</p> <p>Ham, Egg and Cheese Breakfast Sliders Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese</p>	<p>9</p> <p>High Fiber Oat Snack Cookies Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt</p>	<p>10</p> <p>Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese</p>	<p>11</p> <p>Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt</p>	<p>12</p> <p>Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt</p>

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15 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	16 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	17 Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	18 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	19 Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt

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3. email: program.intake@usda.gov.

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