HG Middle School Breakfast

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day	Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese
8 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	Apple Frudel Cereal Variety Orange Blenderless Smoothie Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	Banana Split Parfait Cereal Variety PB&J Overnight Oats Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk	Cheddar Cheese Omelet Cereal Variety Wheat Bagel with Cream Cheese Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	French Toast Sticks Cereal Variety Scrambled Eggs Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	Bacon & Queso Breakfast Taco Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	Caramel Mini Cinnis Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese EGG,WHL,CKD,HARD- BOILED Raspberry Rainbow Yogurt	Cheese & Bacon Egg Bite Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
Colby Cheese Omelet Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	Cranberry Orange Yogurt Muffin Bars Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED Raspberry Rainbow Yogurt String Cheese	Dirt Pudding Parfait with Blueberry Boulders Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	Egg and Cheese Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	Egg & Cheese Croissant Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt
Egg & Potato Breakfast Boat Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	Ham, Egg and Cheese Breakfast Sliders Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese			

HG Middle School Breakfast

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		High Fiber Oat Snack Cookies Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix	Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	3 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt

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