

HG Middle School Breakfast

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 High Fiber Oat Snack Cookies Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	2 Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	3 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
		8 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD-BOILED String Cheese	9 Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	10 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
6 Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	7 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt			

USDA is an equal opportunity provider, employer, and lender.

Monday	Tuesday	Wednesday	Thursday	Friday
13 In Service	14 Banana Split Parfait Cereal Variety PB&J Overnight Oats Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk	15 Cheddar Cheese Omelet Cereal Variety Wheat Bagel with Cream Cheese Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	16 Cereal Variety Scrambled Eggs French Toast Sticks Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	17 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese
20 Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	21 Bacon & Queso Breakfast Taco Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	22 Caramel Mini Cinnis Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese EGG,WHL,CKD,HARD-BOILED Raspberry Rainbow Yogurt	23 Cheese & Bacon Egg Bite Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	24 Colby Cheese Omelet Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese

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Monday	Tuesday	Wednesday	Thursday	Friday
27 Cranberry Orange Yogurt Muffin Bars Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED Raspberry Rainbow Yogurt String Cheese	28 Dirt Pudding Parfait with Blueberry Boulders Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	29 Egg and Cheese Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	30 Egg & Cheese Croissant Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	31 Egg & Potato Breakfast Boat Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese

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HG Middle School Breakfast

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ham, Egg and Cheese Breakfast Sliders Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	4 High Fiber Oat Snack Cookies Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	5 Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	6 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	7 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt
10 Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	11 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	12 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	13 Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	14 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt

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Monday	Tuesday	Wednesday	Thursday	Friday
17 Apple Frudel Cereal Variety Orange Blenderless Smoothie Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	18 Banana Split Parfait Cereal Variety PB&J Overnight Oats Juice Variety Fresh Fruit Dried Fruit blend 1% Milk Fat Free Chocolate Milk	19 Cheddar Cheese Omelet Cereal Variety Wheat Bagel with Cream Cheese Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	20 Cereal Variety Scrambled Eggs French Toast Sticks Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	21 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese
24 Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	25 Bacon & Queso Breakfast Taco Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break

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HG Middle School Breakfast

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cranberry Orange Yogurt Muffin Bars Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED Raspberry Rainbow Yogurt String Cheese	2 Dirt Pudding Parfait with Blueberry Boulders Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	3 Egg and Cheese Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Strawberry Banana Trix Yogurt String Cheese	4 Egg & Cheese Croissant Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt	5 Egg & Potato Breakfast Boat Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese
8 Ham, Egg and Cheese Breakfast Sliders Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	9 High Fiber Oat Snack Cookies Cereal Variety Hash Brown Patty Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	10 Hot Honey Sausage Biscuit Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	11 Mini Blueberry Waffles Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	12 Bacon, Egg and Cheese Bagel Sandwich Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Raspberry Rainbow Yogurt

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Monday	Tuesday	Wednesday	Thursday	Friday
15 Breakfast Burrito Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	16 Biscuit Bites with Yogurt Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk EGG,WHL,CKD,HARD- BOILED String Cheese	17 Covert Quesadilla (Egg and Cheese) Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk Raspberry Rainbow Yogurt String Cheese	18 Bacon & Cheese Breakfast Frittata Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt	19 Bacon, Egg & Cheese Pizza Cereal Variety Juice Variety Fresh Fruit Variety Dried Fruit blend 1% Milk Fat Free Chocolate Milk String Cheese Strawberry Banana Trix Yogurt

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