Tiger Den After School Snack

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mixed Fruit Strawberry Creme Chex Mix 1% Milk	2 Rice Chex Cereal Orange Juice 1% Milk String Cheese	3 Wheat Bagel with Cream Cheese Cherry Craisins 1% Milk
Sour Watermelon Raisins Tiny Twist Pretzels 1% Milk	7 Fresh Orange Chewy Chocolate Chunk Granola Bar 1% Milk Raspberry Rainbow Yogurt	8 Dried Fruit blend Fruit Punch Juice Oatmeal Muffin Squares, WG 1% Milk	9 Applesauce Cup Goldfish Crackers 1% Milk	Apples and SunButter Honey Graham Crackers 1% Milk
¹³ In Service	14 Fresh Apple Slices Cheez-It Crackers 1% Milk	15 Cherry Craisins Fruit Punch Juice Chat Snax Grahams 1% Milk	16 Baby Carrots 1% Milk String Cheese	17 Mixed Fruit Goldfish Crackers 1% Milk
20 Cherry Craisins Fresh Apple Slices White Cheddar Smartfood Popcorn 1% Milk	21 Diced Pears Harvest Cheddar Sun Chips 1% Milk	22 Strawberry Nutri- Grain Bar 1% Milk Strawberry Banana Trix Yogurt	23 Caramel Mini Cinnis Applesauce Cup 1% Milk	24 Sliced Peaches Chocolate Caramel Chex Mix 1% Milk
27 Grape Uncrustables Apple Juice 1% Milk	28 Apple Cinnamon Muffin Mixed Fruit 1% Milk	29 Cocoa Puffs Cereal Bar 1% Milk String Cheese	30 Fresh Apple Goldfish Crackers 1% Milk	31 Banana Chocolate Chip Oatmeal Round Dried Fruit blend 1% Milk

Tiger Den After School Snack November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Baby Carrots 1% Milk Raspberry Rainbow Yogurt	4 Golden Grahams Cereal Bar Fresh Pear 1% Milk	5 Mixed Fruit Strawberry Creme Chex Mix 1% Milk	Rice Chex Cereal Orange Juice 1% Milk String Cheese	7 Wheat Bagel with Cream Cheese Cherry Craisins 1% Milk
10 Baby Carrots 1% Milk Raspberry Rainbow Yogurt	11 Fresh Apple Slices Cheez-It Crackers 1% Milk	12 Cherry Craisins Chat Snax Grahams 1% Milk	13 Baby Carrots 1% Milk String Cheese	14 Mixed Fruit Goldfish Crackers 1% Milk
17 Sour Watermelon Raisins Tiny Twist Pretzels 1% Milk	18 Fresh Orange Chewy Chocolate Chunk Granola Bar 1% Milk Raspberry Rainbow Yogurt	19 Dried Fruit blend Oatmeal Muffin Squares, WG 1% Milk	20 Applesauce Cup Goldfish Crackers 1% Milk	21 Apples and SunButter Honey Graham Crackers 1% Milk
24 Cherry Craisins Fresh Apple Slices White Cheddar Smartfood Popcorn 1% Milk	25 Baby Carrots Cheez-It Crackers 1% Milk	²⁶ Thanksgiving Break	²⁷ Thanksgiving Break	²⁸ Thanksgiving Break

Tiger Den After School Snack December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sour Watermelon Raisins Tiny Twist Pretzels 1% Milk	Fresh Orange Chewy Chocolate Chunk Granola Bar 1% Milk Raspberry Rainbow Yogurt	3 Dried Fruit blend Oatmeal Muffin Squares, WG 1% Milk	4 Applesauce Cup Goldfish Crackers 1% Milk	5 Apples and SunButter Honey Graham Crackers 1% Milk
8 Cherry Craisins Fresh Apple Slices White Cheddar Smartfood Popcorn 1% Milk	9 Diced Pears Harvest Cheddar Sun Chips 1% Milk	10 Strawberry Nutri- Grain Bar 1% Milk Strawberry Banana Trix Yogurt	11 Caramel Mini Cinnis Applesauce Cup 1% Milk	12 Sliced Peaches Chocolate Caramel Chex Mix 1% Milk
15 Grape Uncrustables Apple Juice 1% Milk	16 Apple Cinnamon Muffin Mixed Fruit 1% Milk	17 Cocoa Puffs Cereal Bar 1% Milk String Cheese	18 Fresh Apple Goldfish Crackers 1% Milk	19 Banana Chocolate Chip Oatmeal Round Dried Fruit blend 1% Milk

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- 1. mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
- 2. fax: (202) 690-7442; or
- 3. email: program.intake@usda.gov.