

High School Course Descriptions

CREDIT RECOVERY Instructor: Mrs. Schmid and Mrs. Milbrath

Grade 9 - 12

This class will give high school students the ability to recover credits they may have lost due to failing a class. It will give them the opportunity to work one on one with a teacher to better understand their material and receive a passing grade. The student will then be back on track to graduate with their peers. *Communication will come directly from the high school at the beginning of April for those who are eligible.* **Note: This class meets Monday-Thursday from 8 - 11 am from June 10-27 and July 8 - 25. Classes are held at the High School**

PHILOSOPHY: CONNECTING AND COPING WITH "U" AND OTHERS Instructor:

Instructor: Prof. Wyrembeck

Grade 9 - 12

Maximum 10 per class

Philosophy will focus on learning how to connect with others and yourself. Building relationships are the most important thing we humans engage in. We will learn from the Tao and other schools of thought on how to connect positively with others and ourselves. We will discuss whatever concerns students bring to the class to build a healthy community. Plus, you get to hang out with Prof :) **Classes are held at the High School**

BOWLING/Wii FIT/FUN & GAMES Instructor: Mr. Kalk

Grade 5 - 12

Fee \$50.00

This is an activity course designed to develop or improve fundamental skills of bowling so that bowling may be enjoyed as a recreational activity now and later on in life. Students will participate in 12 days of bowling at Odyssey Fun Center in Sheboygan Falls (June 10-13, June 17-20, and June 24-27). Basic bowling skills and scoring will be taught. Fun games such as Nine Pin, Bingo Bowling, Galactic Bowling, and Race the Ball will be played. Please note: students must wear socks while bowling. On Fridays (June 14, 21, and 28) students will remain at Howards Grove Middle School and participate in a variety of activities including playing active Wii Fit games, participating in recreational games, and playing board or card games. **Classes are held at the Middle School/Bus picks up at the Middle School**

CREATIVE SEWING Instructor: Mrs. Buechel

Grade 5 - 12

Maximum 15 per class

Fee: \$5.00

Learn hand sewing techniques and sewing on a machine. Multiple project options available. Sew something to wear or something to use. Sew for yourself or give as a gift. Multiple project options available. Cost will depend on projects you choose. Donated fabric available. **Classes are held at the Middle School**

SUMMER FITNESS Instructor: TBD (High School Track/Weight Room)

Grade 6 - 12

Maximum 32 per class

Students will learn proper techniques of strength training, agility training, and plyometric training. Students will also perform exercises that will improve speed and quickness. Class will always start on the High School Track to warm-up.

Summer Fitness will run on the following days and times:

June 10, 11, 13, 17, 18, 20, 24, 25, 27

July 8, 9, 11, 15, 16, 18

Class times

6:30am-7:45am (Coed: 10 - 12)

7:00am-8:15am (Female only: 7 - 12)

8:00am-9:15am (Coed: 6 - 9)